



## Tuesday, 08.19.2025

## **PRESS RELEASE**

For Immediate Release: Media in Cedar, Dixon, Thurston, and Wayne Counties



The Northeast Nebraska Public Health Department is alerting the public that the first pool of mosquitoes testing positive for West Nile Virus (WNV) has been found within the health district of Cedar, Dixon, Thurston, and Wayne Counties for the 2025 season. **West Nile Virus is present in Northeast Nebraska.** 

Prevent mosquito bites and the spread of West Nile Virus by taking the proper precautions below:

- Apply a mosquito repellent approved by the Environmental Protection Agency (EPA) whenever
  you go outdoors. This includes repellants with Deet, Picaridin, Oil of lemon eucalyptus (OLE) or
  para-menthane-diol (PMD), IR3535, and 2-undecanone. Follow directions when applying
  repellent to children. Do not use insect repellent on babies younger than 2 months. Oil of lemon
  eucalyptus or para-menthane-diol should NOT be used on children under 3 years of age.
- Wear long sleeves and pants when outdoors to limit skin exposure.
- Remove standing water where mosquitoes breed: birdbaths, old tires, clogged roof gutters, or wading pools.
- Vaccinate horses.

Mosquitoes are most active between dusk and dawn when the air is calm, but some will feed at any time of day.

Mild cases of West Nile Virus (WNV) infection may include a slight fever and/or headache. Severe cases include a rapid onset of a high fever, head and body aches, and usually occur 2 - 14 days after being bitten by a mosquito infected with WNV. Go to your doctor if you have these symptoms during peak mosquito season.

ATTENTION: Persons at highest risk for serious WNV illness are:

- Over 50 years old.
- On steroid medicines or chemotherapy.

Healthy children and adults are at lower risk but can still become ill.

For more information: Go to <a href="Home: Northeast Nebraska Public Health Department">Home: Northeast Nebraska Public Health Department</a> under the "Our Services" tab or <a href="https://www.cdc.gov/westnile">www.cdc.gov/westnile</a>. Stop at the NNPHD office, 215 North Pearl Street in Wayne, for free DEET Insect Repellant wipes. For more information, call the NNPHD office at 402.375.2200.

--Colleen Hupke, Executive Health Director, Northeast Nebraska Public Health Department